

Grief, Mortality and Loss: Working through our own and with others

Saturday, March 18, 2017

10am-12pm

Hahn University Center, Forums AB

Cost: \$10 USD ID and SDSDA members

\$20 General Admission

**Presented by Center for Christian Spirituality
and San Diego Spiritual Directors Association**

No matter who we are or what we do, each of us eventually deals with loss, grief and death. Profound spiritual crises often arise when forced to respond to a loved one's painful illness or confronted with our own mortality. Our panel will address how to gain insight as to our own experience with grief and loss, what spiritual practices are helpful, and how to come along side others who are grieving.

FOR MORE INFORMATION:

www.sandiego.edu/ccs

Register online at:

<http://tinyurl.com/grief2017>

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